metro

BOSTON NO. 1 FREE DAILY IN THE US

Thursday, January 21, 2016 metro.us | t: MetroBOS | f: MetroBoston

Alessia Cara's here for the party. 10

BOLARIS: MAJOR STORM LOOMS

A foot of snow possible, coastal flooding likely. 4-5

Metro Q&A: The Boston Yeti. 6

UNFAIR FIGHT

Matt Burke says that Tom Brady is so much better than Peyton Manning at this point that it's not even a contest. 14

GETTY IMAGES

POPE'S FIAT TO AUCTION

1 The Fiat 500L that ferried Pope Francis to the White House and Congress during his historic first visit to the U.S. will be auctioned in Philadelphia next week. The car the Pontiff chose as a symbol of his concern for the environment and desire to put aside some of the rich trappings long associated with his office, will be auctioned off on Jan. 29. said organizers of last year's World Meeting of Families in Philadelphia. REUTERS

BITCOIN TO LAUNDER

2 Ten men suspected of using the digital currency Bitcoin to launder up to $22 million of criminal money made from online drug deals have been arrested in the Netherlands, Dutch prosecutors said on Wednesday. The men, described as all in their 20s and with Dutch nationality, were arrested on Tuesday in coordinated raids on 15 locations around the country, said spokeswoman Valentine Hoen of the country's Fiscal Information and Investigation Service. REUTERS

ACCUSED VEGAS DRIVER

3 An Oregon woman accused of plowing into pedestrians on the Las Vegas Strip faces dozens of additional charges, including attempted murder, in connection with the Dec. 20 incident, a Nevada judge said at a hearing on Wednesday. Lakeisha Holloway, 24, is charged with 71 counts, including murder. REUTERS

EASTIE AUTO SHOP IGNITED

7 An electrical short circuit in a heating system sparked a two-alarm blaze at 1st Class Auto Body on Condor Street in East Boston on Wednesday morning, fire spokesman Steve MacDonald said. One firefighter was injured when he slipped on a patch of ice and was taken to a nearby hospital for treatment, MacDonald said. There were no other injuries reported. Damage to the building was estimated at $250,000.

MAIN PHOTO BY DEREK KOUYOUMJIAN, ALL OTHER PHOTOS BY GETTY IMAGES

BRUTAL GLX CUTS NEEDED

4 Cost cuts for the Green Line Extension need to be "brutal," the chairman of the MBTA's oversight board, Joe Aiello, said Wednesday. The project's price tag last year spiked to $3 billion from an earlier estimate of roughly $2 billion. The T has since brought on a new project manager and ended contracts with the firms tasked with building it, and the agency is now tasked with rooting out nonessential parts of the build — without violating agreements with the federal government and impacted cities. METRO

PUERTO RICO DEBT

5 U.S. Treasury Secretary Jack Lew said that while the Obama administration was ready to do all it could to help debt-ridden Puerto Rico, only Congress could deliver truly effective change. Lew, speaking in San Juan where he met with the island's governor Alejandro Garcia Padilla, last week urged Congress to urgently pass legislation by the end of March to help the island, struggling with $70 billion debt. He has called for legislation to allow Puerto Rico to restructure its debts paired with independent fiscal oversight. REUTERS

NEXT STOP: BOSTON

6 Keolis, the operator of the MBTA's commuter rail, is migrating north to Boston this year, the company said Wednesday. The Paris-based vendor's North American headquarters — home to 10 employees — is in Arlington, Virginia. The company, which has run the commuter rail's trains since 2014, hasn't picked its Hub location yet. A spokesman said the move reflects Keolis' "strong focus and commitment to the Greater Boston community and to the MBTA Commuter Rail contract." METRO

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*Income Limits subject to change when the BRA publishes the annual Income Limits

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Completed applications can also be mailed to the SEB Office but must be postmarked by March 9th, 2016.
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SEVERE SNOWSTORM

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JOHN BOLARIS
@weathersavior

Gird your backs and break out your shovels. NICOLAUS CZARNECKI

As this goes to print, computer models are converging on a high-impact winter storm that will strike the Northeast and Mid-Atlantic starting for the Northeast corridor by day's end Friday and then working its way into New York City by Friday night and finally into Boston by early Saturday morning.

The bull's-eye seems to pointing toward D.C. to Philly to New York City and New Jersey with the potential for a severe impact. There is still the question of just how much of an impact will be felt into Boston, as models still diverge on the exact northern extent of this soon-to-be-intense nor'easter. Blizzard watches are already flying across our nation's capital, as it will get whacked first and possibly the hardest.

This is what we do know as of 1 p.m. Wednesday (this will be refined and adjusted as we get closer to crunch time).

The set-up:

By Friday morning a rapidly intensifying storm will be taking shape somewhere along the North Carolina coastline. An arctic high will be funneling down cold air into the system at the same time the Gulf Stream helps to fuel the storm, with a rapidly expanding heavy snow, sleet and rain shield moving north.

Snow will arrive in the D.C. region during the afternoon Friday.

Snow will arrive in Philadelphia by the evening commute (between 5 p.m. and 7 p.m.)

Snow will arrive in NYC between 9 p.m. and midnight.

Snow will arrive in Boston by daybreak Saturday.

The best chances of snow mixing with rain and sleet will be from the I-95 corridor and points east.

If the storm reaches its full potential, 1 to 2

Boston psychologist offers

Snowstorms, like the one set to slam the Northeast this weekend, and their aftermath can be stressful not only on our backs, but on our minds.

The broadcasted build-up often causes people to flood the supermarkets in search of bread, eggs, milk and toilet paper. The pileups keep people trapped inside their homes. And then there's the Herculean task of finding a parking space after digging your car out.

"It sure has been stressful, and stress has a loss a control and unpredictability," Joe Tecce, a professor of psychology at Boston College, told Metro. "When we are immobilized, it heightens our sense of stress. Then there are the unpredictable elements: 'When is the next one coming? How many more will there be?' These are things that add to the tension."

"Cabin fever is very real, and getting out of the four walls is a major relief."

Tecce

But Tecce said while storms cause mental angst, it doesn't take much to alleviate the tension.

"Immobilization is a major source of stress, when you can't move or can't get there easily, the muscles get much more tense," Tecce said. "Cabin fever is very real, and getting out of the four walls is a major relief."

Tecce suggests relatively simple methods of keeping your cool in the face of blizzards and their aftermath.

Simple communication between neighbors, friends and family can change the course of one's anguish as snow paralyzes the area.

"Just being able to commiserate with people helps because you get the sense that you're not alone in this struggle,"

LOOMS: BOLARIS

feet of snow could fall along or just west of the I-95 corridor from D.C. to Philly to New York City. Boston should remain all snow.

The best chances of 12+ will be from just west of Philly to just northwest of New York City, and D.C.

Coastal sections, especially the New Jersey and Delaware coastline, will experience major tidal flooding, major beach erosion, and winds that will gust to storm force 50 mph+ (storm force = 39 mph).

Coastal sections will experience heavy wet snow changing to wind-driven rain, and then back to snow before generally ending Sunday later in the day and at night further north.

The storm will be of unusually long duration of at least 48 hours of high-impact weather.

Blizzard conditions likely for the Northeast corridor. Visibilities will drop to whiteout conditions.

The major cities along the I-95 corridor (except Boston) should see at least some mixing of rain and sleet and possibly a changeover to all rain for a time, before changing back to snow. This will cause considerable differences in the heavy snow amounts.

Power outages will be common.

Tree limbs will snap.

More updates and fine tuning of the storm's impact will be made as new guidance comes in.

I would strongly suggest be where you want to be no later than 5 p.m. Friday as travel will eventually get shut down if this pending nor'easter reaches it's full potential.

Boston impact

Boston/Southern New England Impact:

- Currently still the toughest call to make as models diverge on the northern extent of precipitation and thus impact and snow amounts.
- My thinking is Providence and the Capes will take a major hit from this as the nor'easter will track more east-northeast as it moves southeast of Montauk.
- This should put the Capes/Providence in the more intense northwest quadrant banding of snow, not allowing for mixing with 12+ inches likely.
- Boston and the hills to the north and west could see a sharp cut-off of the heavy snow line. How much snow for Boston is still very much uncertain.
- Major tidal flooding and beach erosion.
- Power outages, especially along the coast.
- Wind gust storm force 50+ mph
- Snow should arrive by daybreak Saturday.
- Moves out late Sunday night. Could linger at the Capes until Monday morning

storm-stress relief advice

Aftermath of snowstorm in 2015, a scene some people see in their nightmares.
PROVIDED

Tecce said.

Compassion is another means of obtaining a sense of calm under pressure, he said.

"If you go shovel with your neighbor, go share a laugh with someone waiting for the bus or the T, encourage one another that winter is finite and we're all in this together, you share a sense of community," Tecce said."Being able to control a compliment or boost someone else's spirits means that you have hope within yourself and have the ability to share it."

Setting obtainable goals is also paramount in maintaining a level head.

"Fight back against depression, because snow is finite," Tecce said. "See that there is a pot of gold at the end of the white-evil rainbow. It will melt. Do not be inactive. Move around, kick the snow, curse it and go home and get warm. Don't give up total control. Don't give up your routine. Keep continuity going. Don't become lethargic."

Last winter, Boston saw a record-breaking amount of snow, and the last of the mountainous snow farms hung around until July 14.

NATE HOMAN

FREE SCREENINGS Month of January
Burning Legs?
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UMASS BOSTON

The Boston Yeti speaks

Metro checks in with a winter icon.

SPENCER BUELL
@MetroBOS
spencer.buell@metro.us

Boston Yeti TWITTER

With the first big storm of the season (maybe) arriving this weekend, we caught up with the infamous Boston Yeti, the furry protagonist of last year's apocalyptic winter.

There's a lot the Yeti — revealed in December to be 30-year-old John Campopiano of Somerville in an interview with the Improper Bostonian — might accomplish with his celebrity. We asked him about plans, partnerships, Keytar Bear and life in the Yeti's post-unmasking era.

He responded via email, presumably from a Wi-Fi-connected wilderness lair.

I understand you have a few collaborations in the works. Can you give us any clues? Private vs. public? Charity vs. government?

They could be all of the above! Charitable projects are so important and it's my goal to maintain a foothold in that area. Without a doubt. In addition to those types of projects, we have some wonderful ideas percolating.

Clues? Hmm. Well, if I may, allow me to rework the tagline from the Vick's NyQuil commercials: These projects will be the good time, laughing, joking, mesmerizing, frolicking, rejuvenating, so you can enjoy winter, medicine.

Put another way: I'm hoping these projects will be the remedy for your winter (and other types of) blues!

Are you accepting pitches?

Of course! Creativity is a fluid thing and great ideas can come from anywhere. The imagination is one of the most precious and magical things we have (humans, animals, and cryptids alike) — so let's nurture it!

If someone would like to chat about collaborations or fun ideas or even partnerships my door is always open! Though, to be fair, I live in the woods so I suppose my door is always open, so long as you have proper walking shoes.

Read the full interview at metro.us

What do you want to accomplish this year?

This winter is only just beginning — so there's no telling what fun shenanigans I'll find myself in! At my core I feel as though I'm a storyteller, and so I'd like to tell a few stories. This year will be a perfect time to do that.

I love the Boston Red Sox and would love to throw out a first pitch at Fenway Park. I don't know anyone with the organization, but I'm hoping we can establish a fun, furry rapport this year and maybe — just maybe! — they'll ask me to come and throw a pitch. I've got a mean curveball and a knuckleball that would make Tim Wakefield sit up and take notice!

Folks have also expressed great interest in new Boston Yeti merchandise, which we're currently exploring. Yes, a lot of fun projects in the works.

How does it feel to be the Yeti in its post-unmasking era?

Opportunities to collaborate have widened dramatically. It has provided me space to move around more freely and comfortably. Not surprisingly, it has also made it easier for those with ideas to get in touch directly.

The Improper article also provided me with an opportunity to separate myself from the doppelgänger and lookalikes out there. Last winter folks saw a yeti mask at a local bar, or at a Bruins game, and automatically assumed it was me. Not the case! Unless you see me post or endorse a piece of video footage or a photo, you can rest assured it's not me!

Do you feel a kinship with Keytar Bear? Have you guys ever spoken?

I do, in a way. I admire his musical talents and even envy him at times! He and I have never met but I'm open to setting up a coffee date at a local animal/cryptid-friendly establishment. If his schedule allows for it maybe he might even consider giving me piano lessons. (Being able to play "Piano Man" by Billy Joel has been on my bucket list since I was a wee yeti. Perhaps Keytar Bear can help me check this off my list.)

Any words for the city as we prep for the storm?

Drive safely! I'm hoping to help spread this message more widely in the days to come. Roads are slippery and can be treacherous, especially on some of our old, narrow New England streets.

Also, don't underestimate the enjoyment provided by a good ol' fashioned board game for passing time. Or yoga. I'll be spending some time this weekend working on my chair and crow poses.

Boston thinkers target young voters

With the March 1 state primary around the corner and the deadline for voter registration fast approaching (the cutoff is Wednesday, Feb. 10), get-out-the-vote efforts in Boston are gaining momentum.

On Wednesday, a group of experts from Tufts University's Tisch College of Citizenship and Public Service met at the Cambridge Innovation Center's location on Milk Street in Boston to talk strategy and share research with the Massachusetts Alliance for Business Leadership, a policy-minded coalition from the private sector.

Their target: young voters.

"Lack of political participation by young people is a disease," said Alan Solomont, Tisch College's dean, in an interview. "We are searching for a cure."

Wednesday was one year out from the inauguration in 2017 of the president voters pick in November.

In Massachusetts, voter turnout in national elections among those over 30 is around 75 percent, Solomont said. But it's 20 points lower among 18- to 29-year-olds, he said.

Adding to the pressure to boost turnout, this latest presidential election year comes after 2014, which he said had the lowest percentage of young voters since researchers have tracked the numbers.

"And yet they could have had a huge impact on the political landscape and the outcome of the election," he said.

It's become a familiar talking point that Mitt Romney could have beaten Barack Obama in 2012 had the candidate not lost the youth vote so handily to the president.

When it comes to boosting the number of registered voters and encouraging people to actually make it to the polls, college campuses are among the best places to start, Solomont said. But not necessarily by just dispatching volunteers with clipboards, he said.

Tisch research has found students at campuses that emphasize public policy debate turn out in higher numbers than at schools that don't encourage political debate, he said.

Young people are also more likely to vote when campaigns contact them directly to talk about issues, he said.

"Actually talking to young people is more important than what issues you talk to them about," Solomont said. "Often, you'll hear something like, 'Well, my vote doesn't count.' And you have an opportunity to say, 'Well, yes it does.'"

The first step, though, he said, is to get youth to register in time for the election and to turn them into full-time voters.

"When you get young people to vote early, it's habit-forming," he said. "They're much more likely to vote for the rest of their lives."

Secretary of State William Galvin's office has also been on a get-out-the-vote kick, airing a commercial about how easy it is to register online. For those with a state-issued ID, it only takes five minutes — as long as it takes to "check the scores" or "post a pic," according to a commercial from Galvin's office that has been running for the past few weeks.

Galvin's spokesman, Brian McNiff, said the ads weren't specifically targeting young, smartphone-inclined would-be voters.

"The target is everybody who hasn't registered," he said, adding that his office hopes to tap a variety of groups — among them college and high school organizations and youth programs — to spread the word in this particularly important year.

"The time to get involved is now," McNiff said. "This year, especially, we're electing a president and that will have a powerful effect on the country, whoever it is."

SPENCER BUELL

"Actually talking to young people is more important than what issues you talk to them about." Solomont

Voters fill in their ballots. NICOLAUS CZARNECKI

Registration and voting information

Haven't registered?

Grab your driver's license and register online.

To find your polling place check the state's handy search tool at WhereDo IVoteMA.com.

The primary registration deadline is Feb. 10.

The cutoff to register for the Nov. 8 general election in Massachusetts is Wednesday, Oct. 19.

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BRIEF

Russian space agency scales back plans as crisis shrinks budget

Russia will spend 30 percent less on its space program in the next decade and scale back a slew of projects to save money in the face of tanking oil prices and a falling rouble, a plan presented by the country's space agency showed Wednesday,

According to the blueprint, presented to Russian media by Igor Komarov, head of space agency Roscosmos, the space program budget for 2016-2025 will be cut to 1.4 trillion roubles ($17.36 billion), down from 2 trillion roubles.

That means plans to launch a manned flight to the moon will be pushed back five years — to 2035 from 2030 — and that development of a reusable space rocket meant to be built by 2025 will, for now, be abandoned.

"Russia is certain to implement this project, but at the moment the launch of a booster rocket with a reusable first stage is not economically viable," local media cited Komarov as saying. He did not elaborate.

A Roscosmos spokesman told Reuters the agency would return to the matter after 2025.

The United States has already successfully tested similar vehicles. Re-using the first stages of rockets, designed to return to Earth after launch, would make commercial rocket launches cheaper.

A cosmodrome under construction in Russia's Far East will also suffer under the slimmed down program. It will now get only one launch pad instead of the two originally planned. REUTERS

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Militants storm Pakistan university, kill at least 20

The violence shows that militants retain the ability to launch attacks, despite a country-wide anti-terrorism crackdown and a military campaign against their strongholds along the Afghanistan border.

Policemen stand beside blood on the floor at Bacha Khan university following the attack. GETTY IMAGES

Armed militants stormed a university in volatile northwestern Pakistan on Wednesday, killing at least 20 people and wounding dozens a little more than a year after the massacre of 134 students at a school in the area, officials said.

A Pakistani Taliban commander claimed responsibility for the assault in Khyber Pakhtunkhwa province, but an official spokesman later denied involvement, calling the attack "un-Islamic."

A security official said the death toll could rise to as high as 40 at Bacha Khan University in the city of Charsadda. The army said it had concluded operations to clear the campus six hours after the attack began, and that four gunmen were dead.

A spokesman for rescue workers, Bilal Ahmad Faizi, said 19 bodies had been recovered including students, guards, policemen and at least one teacher, named by media as chemistry professor Syed Hamid Husain. Husain reportedly shot back at the gunmen with a pistol to allow his students to flee.

Many of the dead were apparently shot in the head execution-style, TV footage showed.

The militants, using the cover of thick, wintry fog, scaled the walls of the university Wednesday morning before entering buildings and opening fire on students and teachers in classrooms and hostels, police said.

"We were told by teachers to leave immediately. Some people hid in bathrooms."

A male student

Students told media they saw several young men wielding AK-47 guns storming the university housing where many students were sleeping.

"They came from behind and there was a big commotion," an unnamed male student told a news channel from a bed in Charsadda's District Hospital.

Thirty five of the wounded remain in hospital, a local police official said late Wednesday.

The gunmen attacked as the university prepared to host a poetry recital Wednesday afternoon to commemorate the death anniversary of Khan Abdul Ghaffar Khan, a popular ethnic Pashtun independence activist after whom the university is named.

Vice Chancellor Fazal Rahim told reporters the university teaches over 3,000 students and was hosting an additional 600 visitors for the poetry recital. REUTERS

Black Lives Matter protesters interrupt US mayors' conference

Demonstrators from the Black Lives Matter movement interrupted the U.S. Conference of Mayors' meeting Wednesday, protesting the killing of a Chicago teenager by police and the lead-tainted water supply of Flint, Michigan.

At least three people among onlookers and one person on stage held up signs when Baltimore Mayor Stephanie Rawlings-Blake, the group's president, spoke during the meeting's opening news conference at a hotel in Washington, D.C.

One protester interrupted her several times, shouting, "You failed us!" Baltimore was torn in April by rioting over the death of black detainee Freddie Gray, and six police officers are facing charges.

A protester also held up a sign onstage that said, "16 Shots is a cover up. #LaquanMcDonald #ResignRahm."

The 2014 shooting death of Laquan McDonald, a black teenager, by a Chicago police officer has led to calls for Mayor Rahm Emanuel to step down. Emanuel has been the target of protests because of the yearlong delay in bringing charges against the officer.

A protestor holds up a placard as Baltimore Mayor Stephanie Rawlings-Blake (far L) speaks at the 84th winter meeting of the U.S. Conference of Mayors. GETTY IMAGES

The deaths of Gray and McDonald were among a series of police killings of black males that have fueled the rise of the Black Lives Matter movement and stoked a national debate on race and policing. REUTERS

Pals say Miley Cyrus and Liam Hemsworth are doomed

ALL PHOTOS GETTY IMAGES

All signs point to Miley Cyrus barreling right back into her relationship with ex-fiancé Liam Hemsworth, and her friends aren't thrilled. First the exes spent the holidays together with his family in Australia, then she started sporting her engagement ring again just as she was spotted driving a U-Haul over to his Malibu home. So what could possibly go wrong? According to her friends, who think Cyrus is crazy and the relationship is "doomed," a whole lot. "Liam already broke Miley's heart once, and a lot of people around her are warning her that he will do it again," a source tells Radar Online. "But she is not listening to anyone right now."

But friends be damned, how are things going over in Hemsworth-Cyrus Land? "They needed time apart to realize how much they love each other and want to be together. They've lived a lot in the last year few years and think things will be different," a source tells E! News. "They wanted to work on rebuilding things before they went public. They are both very happy about where things are and going to see what happens." Sure, why not?

Katie Holmes not a fan of the Internet

What did Katie Holmes learn from playing a woman with bipolar disorder in her new film, "Touched With Fire?" That the Internet is terrible. Wait, hear me out on this. As the former Mrs. Tom Cruise explains to More magazine, "I gained a greater empathy for people who are struggling with mental illness" while making the film, due out next month. "Before the movie, I'd hear something about it and think, 'Wow. But that's over there.' Unfortunately, we're quick to judge, especially in this day of social media and the Internet — which I think is an ugly-maker. Everybody looks ugly when they're on the Internet. But I wouldn't want to live a flat life, with no pain." Actually, Ms. Holmes, I'll have you know that some people look really, really cute on the Internet, so stop judging. But I will concede that "ugly-maker" is a great phrase, if a bit of a Mentos ripoff.

Tyra Banks' 'FABLife' canceled after one season

It looks like Tyra Banks' latest daytime venture, "The FABLife," couldn't really survive without her, as two months after she announced her departure, Disney-ABC Domestic Television is canceling, according to the Hollywood Reporter. "We're extremely proud of everyone involved with the show," company President Janice Marinelli says. "We are especially appreciative of our talented and dynamic co-hosts Chrissy Teigen, Joe Zee, Leah Ashley and Lauren Makk." But it would've been better if Banks were still doing it, right? Hey, maybe Banks knew something we didn't.

The Adam Driver cat has a home — and an Instagram account

At least one Kylo Ren has a new home to call his own. The New Jersey shelter cat with an uncanny resemblance to "Star Wars: The Force Awakens" villain Adam Driver has been adopted by Brooklyn resident Emily McCombs. In a tabloid-savvy move, McCombs and her boyfriend decided to rename the cat from Corey to Kylo Ren to head off potential celebrity scandal — though Driver is welcome to a selfie anytime.

"My boyfriend and I tossed around 'Catam Driver,' but we didn't want him to be permanently linked to Mr. Driver's fortunes," McCombs writes on Elite Daily. "No offense to the actor himself … but what if he turns out to commit a heinous crime or something and I have to disassociate my cat from him publicly?" As for any potential fame and fortune, McCombs says she's already been solicited to sign with an "Internet cat manager." Whatever happens, she and her boyfriend are sharing him with the world on Instagram at @catam_driver. EVA KIS

@iamwandasykes
This #FlintWaterCrisis is criminal. Looks like a SavetheChildren ad. If they can't even get clean H2O, you know their schools are jacked!

@zoesaldana
Like my mami says, "If you don't like the smell of s---, then stop flinging it."

@ChloeGMoretz
Don't cry babe

the word

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Alessia Cara is not your 'antisocial pessimist'

She's actually quite the opposite.

RACHEL RACZKA
@rachelraczka
rachel.raczka@metro.us

Alessia Cara's anti-party party anthem, "Here," was inarguably the most ironically cool tune of the summer — landing her in the top 25 of Rolling Stone's best songs of 2015, coming in as runner-up in the BBC's "Sound Of" competition and dueting with Taylor Swift on the 1989 tour stop in Tampa. Plus, Drake's a fan.

The 19-year-old singer-songwriter (born Alessia Caracciolo) was discovered via YouTube, where she uploaded raspy, soulful covers from her Toronto bedroom before she was swept into a series of successes leading to her November full-length release of "Know-It-All" from Def Jam Records. Cara is now set to headline her first-ever North American tour through April .

We caught up with Cara from her hometown before her tour kicked off.

If you go

Jan. 22, 8 p.m.
Brighton Music Hall
158 Brighton Ave., Allston
617-779-0140
musichallbrighton.com

Alessia Cara's "Know-It-All" tour brings her to Boston on Jan. 22. MEREDITH TRIJAX

You're rumored to have started using YouTube to overcome your shyness, and now you're performing in front of a crowd almost every night. What has that been like?
Doing YouTube really helped because I was always in this weird phase where I wanted to do music, but I was always too scared. It helped me get through that because I was still singing for people and they were hearing me sing, but I didn't have to be in front of them yet. It helped me break down that barrier I was hiding behind.

Do you ever watch your old YouTube videos?
I'll go back and watch them sometimes, but not for too long. It's just kind of awkward and weird. But I don't ever get tempted to take them down, because they're there for a reason and they show the progression [of my work].

Do you feel like you have to fulfill this role as of "loner" or "antisocial" because of "Here"?
I never really claimed to be that, you know? I think people assume that's what I am because I say "antisocial pessimist" one time. But I guess a lot of those people don't really pay attention to the lyrics and aren't really hearing what I'm trying to say. I don't think I was ever that, and I don't think I ever have to be that because that's not what I am.

I heard the host of the party from "Here" knows the song is about him.
Yeah, he's one of my friends, actually. He knows it's about him and I don't think he cares. We think it's kind of funny.

"I'm Yours" is sort of an anti-love love song. What made you to take that route?
I think whenever you hear of someone falling in love, it's like, "Oh, I'm so happy to be falling in love!" But I think a lot of the time, for me anyway, you don't want that. You get to that place where you're happy being by yourself, and someone comes along and ruins that in a way. Even though they're nice and awesome, that still kind of sucks.

What's the best industry advice you've received?
The best advice has probably been from my parents. They always tell me to take things a day at a time instead of thinking so far ahead. Having that day-by-day reminder has been really good.

What do you wish people knew about YouTube fame?
I think a lot of people think the people who become successful from online stuff have just happened overnight and they don't have credibility. For me, I was posting videos for three years before anyone even noticed and my videos still never went viral. I think people assume it happens quickly, but it takes time and you have to work for it.

Listings

MOVIES

2015 Sundance Film Festival Shorts

Thursday through Saturday
Institute of Contemporary Art
100 Northern Ave., Boston
$10, 617-478-3100
www.icaboston.org
Many commentators note our society's increasingly short attention span. Sometimes this is viewed as a bad thing, but maybe it's good for makers of short films. Here you'll get to see some of last year's best, as chosen by the tastemakers at Sundance. Comedy, tragedy, animation, documentary, truth and fiction—it's all here in all its bite-size goodness.

THEATER

"Agnes of God"

Thursday through Saturday
Footlight Club
7a Eliot St., Jamaica Plain
$10, 617-524-3200
www.footlight.org
Footlight Club presents this intense play by John Pielmeier, about Dr. Martha Livingstone, a Canadian psychologist who was sent to investigate a mysterious case of infanticide at a local convent. Standing in her way is Mirium Ruth, the formidable mother superior, determined to defend the innocence of sweet, unassuming Agnes, the suspect — but that innocence is far more complicated than it seems.

THEATER

Filter Theater: "Twelfth Night"

Through January 30
Paramount Center
559 Washington St., Boston
$10-$65, 617-824-8400
www.artsemerson.org
Experimental company Filter Theater teamed up with the Royal Shakespeare Company to create this topsy-turvy deconstruction of the Bard's comedy "Twelfth Night" — a play that, with its gender-bending and hierarchy-upending themes, is already sort of a deconstruction. Put it all together and you've got an unpredictable, highly amusing night of theater.

ROBERT DAY

ART

BRINK v2: Space and Intimacy

Through March 26
Mills Gallery
539 Tremont St., Boston
Free, 617-426-5000
www.bcaonline.org
This is the second installment of the Mills Gallery's "BRINK" series, showcasing fresh approaches to thinking about and making art. This round focuses on artists pushing the envelope of sculpture, including Johnny Adimando, Samantha Fields, Coe Lapossy, AJ Liberto, Steven Pestana and J.R. Uretsky, all from the Northeastern United States.

MAGIC

Dan Sperry

Saturday, 8 p.m.
Regent Theater
7 Medford St., Arlington
$45-$65, 781-646-4849
www.regenttheatre.com
Acclaimed illusionist Dan Sperry refers to himself as an "anti-conjurer": Embracing a gothic aesthetic, he's sort of like the Trent Reznor of magic, going for shock rather than awe with eye-popping, horror-themed tricks and set design that have established him as an innovator in his art form.

FOOD

ONCE in Valhalla

Keeping Bowie's 'The Man Who Sold the World' alive

Tony Visconti
GETTY IMAGES

Holy Holy, featuring longtime David Bowie collaborator Tony Visconti and drummer Woody Woodmansey, comes to The Wilbur tonight, and will perform the late icon's 1970 album "The Man Who Sold the World." The lesser-known Bowie full-length record, arguably the visionary artist's first glam rock album, also marked the beginning of his backing band the Spiders From Mars.

We spoke to Visconti just three days before the Bowie's untimely death.

What were you and Bowie hoping to accomplish on "The Man Who Sold the World"?
When we sat back after we finished [1969's "Space Oddity"], we thought it was very lightweight. We were going to set out to make the heaviest, darkest rock 'n' roll record ever made. We really had big, high hopes for that album.

What are some of its highlights for you?
To me, "The Width of the Circle" is one of the best epic rock songs David Bowie ever wrote. On stage, we open up with that and it's just unbelievable to feel all that power.

How does your performance of the record compare to the original recording?
I'm playing about 85 percent of what I did on the album. But there's a nice 15 percent of refinement that's been included and, as a result, it sounds really heavy.

You've now worked with Bowie for decades, how has it changed over time?
It hasn't really changed. He's the same David and I'm the same Tony. We relate in exactly the same way. He's earned the title of co-producer and we're co-producers. But I love that because, you know, he is my peer. We are really good friends and we work together very well. Sometimes almost telepathically. *Holy Holy plays at The Wilbur (246 Tremont St.) on January 21 at 8 p.m..*

CHRIS LEO PALERMINO

Listings

Saturday, 7 p.m.
Cuisine en Locale
156 Highland Ave., Somerville
$150, 617-285-0167
www.cuisineenlocale.com
Our apologies, dear reader, if this event is out of your price range, but we couldn't resist mentioning this straight-up Viking feast at Cuisine en Locale, with a ridiculous 10 courses of food, mead and ale, live music and "feats of strength."

SHOPPING

Anansi's Trading Post

Saturday, 10 a.m. to 10 p.m.
Make Shift Boston
549 Columbus Ave., Boston
Free
www.facebook.com/549columbus
Check out the wide variety of handmade items for sale at this popup shop, beginning this weekend and aiming to be a regular occurrence. Everything for sale comes directly from an assembly of artisans the organizers describe as "Boston's most entrepreneurial creatives of color."

COMEDY

Sean Patton

Thursday, 8:30 p.m.
Davis Square Theater
255 Elm St., Somerville
$10
www.facebook.com/strangebehaviorcomedy
This month's edition of Strange Behavior features Sean Patton, a New York comic with a long résumé of appearances on the festival and TV circuit. His gregarious style mixes classic observationalism with a contemporary sense of the absurd, whether he's making perceptive distinctions between good parents and mere "kid owners," or just sharing crazy talk he heard on the subway.

MUSIC

TickleJuice

Friday, 8 p.m.
Outpost 186
186 ½ Cambridge St., Cambridge
$10, robchalfen@hotmail.com
www.outpost186.com
"People are often intrigued or puzzled by this moniker," says the bio for local jazz ensemble TickleJuice, led by alto sax player James Merenda, who chose his group's silly yet oddly unsavory name to counteract the excessive seriousness that often plagues jazz culture. What they promise, instead, is "life-changing high energy music." Who couldn't use a little of that?

The Go! Team

Friday, 9 p.m.
The Sinclair
52 Church St., Cambridge
$15-$17, 18+, 800-745-3000
www.ticketmaster.com
Since they first appeared on the scene with 2004's "Thunder, Lightning, Strike," this British band has established a unique niche in indie rock—a diverse, colorful collage of samples and original sounds with an irresistibly upbeat, nostalgic feeling. The most recent record, "The Scene Between," dropped in 2015, proved their creative energy hadn't diminished an iota in the intervening decade-and-change.

Scarlet Sails

Saturday, 9 p.m.
Lizard Lounge
1667 Mass. Ave., Cambridge
$10-$12, 800-838-3006
www.brownpapertickets.com
Scarlet Sails is a new band featuring always-busy Dresden Dolls drummer Brian Viglione. Once again, he plays the role of backseat driver; his wife, singer-pianist Olya Viglione, fronts the quartet and writes all the songs. The mysteriously androgynous timbre of her contralto voice is a major asset of their bombastic rock balladry, which Dolls fans should find easy to enjoy.

MATTHEW DINARO

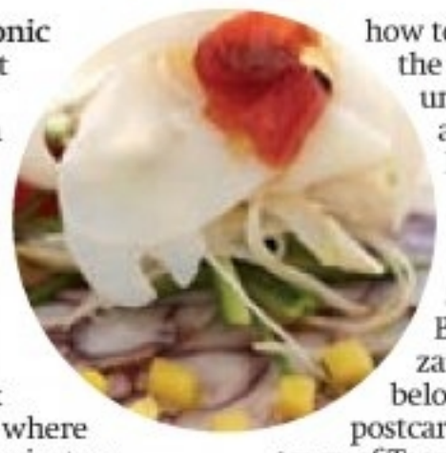
4 New skills you can learn while traveling

If your 2016 resolutions included adding to your talents, these hotels and destinations can help make the most of your vacation — and send you home with brand new know-how.

Fodor's Travel

1 Taking better photos

As Instagram addicts know, pictures today are worth more than a thousand words — they often take the place of words altogether. To help improve your shooting skills, hotels around the world offer expert-led photography experiences. The just-opened **Hotel Taconic** in Vermont has partnered with award-winning local shutterbug Lee Jorgensen to lead excursions to Equinox Mountain, where he will offer instruction on getting the perfect shots — on both DLSRs and iPhones — in one of the state's most beautiful locations (starting at $90 an hour).



Following a popular photo trip to Antarctica last year, **Exclusive Resorts** has once again engaged National Geographic photographer Ralph Hopkins to lead a photo-focused trip — this time to the Galapagos, where he will teach you how to capture the islands' unique flora and wildlife (Sept. 17–26).

Meanwhile, on Sicily's Bay of Mazzaro, just below the postcard-perfect town of Taormina, guests of **Belmond Villa Sant'Andrea** can book a Food Photo experience that is part market visit and cooking class, part lesson on how to best plate, style and photograph food — useful skills, considering social media's obsession with what everyone is eating (prices vary).

2 Gardening

Want to cultivate your green thumb? Whether you live in an apartment or on acres of land, it's possible to grow things to use in your kitchen — you just have to know how to work the soil you have.

Located in the heart of Tuscany, **Rosewood Castiglion del Bosco's** two-hour vegetable gardening class — operated out of its La Canonica Cooking School and limited to six participants — is led by the on-staff ortolano, or market gardener, who will reveal how best to sow seeds, how and when to water and how to work seasonally.

On the Caribbean island of Anguilla, **CuisinArt Golf Resort & Spa** features an onsite hydroponic farm growing everything from kale, tomatoes and eggplant to herbs like parsley, mint, lavender and chervil. Dr. Howard Resh, who oversees the farm production, can teach guests the basics of hydroponic farming and gardening, including tips on the best conditions to grow certain types of produce.

If your gardening skills get so strong that you end the season with extra bounty, a hotel can help with that too: **Omni Bedford Springs,** in Bedford, Pennsylvania, has a canning class that lets guests pick veggies from the onsite garden, then teaches them how to can and preserve products for use throughout the year.

Step up your gardening game. ALL PHOTOS PROVIDED

3 Meditation

Disconnected, centered, focused, zoned-out — whatever you call it, sometimes it's important just to be quiet. Learn the basics of meditation with a guided lesson at Napa Valley's **Solage Calistoga,** during which the instructor might incorporate fresh herbs (to engage the senses of touch and smell) and Tibetan singing bowls to encourage relaxation.

Reconnecting with nature can also help quiet the mind, reengage the inner self and even improve health. Near Playa del Carmen, Mexico, **Sandos Caracol Eco Resort's** Path of the Senses experience includes a barefoot and blindfolded guided jungle walk to encourage introspection and positive thoughts, while Forest Bathing — offered at hotels like **L'Auberge de Sedona** in Arizona and **The Mayflower Grace** in Connecticut — takes you to the forest for a series of contemplative activities, from journaling to targeted meditation.

4 Healthy cooking

Eating better is a perennial New Year's resolution, and in 2016, these spots can help take it from to-do list to reality. At the Cayman Islands' **Le Soleil d'Or,** a unique farm-to-table wellness resort, guests can get tips on how to best select produce during a tour of the 20-acre organic garden, then work side-by-side with the chef to learn how to prepare fresh and healthful dishes.

In California, **The Ranch at Live Oak** boot-camp offers an offshoot Culinary Experience led by chef Nina Curtis that focuses just on healthful eating. Available in three- or five-day courses, the hands-on workshop covers topics like soups and stocks, sauces and dry-heat cooking, as well as proper knife skills, kitchen organization and garden cultivation. Accommodations are not included, although the ranch can recommend area hotels.

SANDRA RAMANI

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Carnival 7-Day U.S/Canada $519* Ocean View $689* Balcony $959*
NORWEGIAN 7-Day Bermuda $589* Ocean View $659* Balcony $1009*
Royal Caribbean 7-Day Europe $498* Ocean View $697* Balcony $1096*
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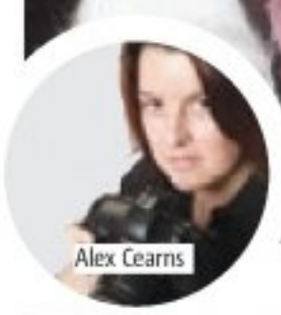

Alex Cearns

ALEX CEARNS/HOUNDSTOOTH STUDIO

These canines crack smiles for the camera

An Australian photographer gets these dogs to say 'cheese!'

DANIEL CASILLAS
@MetroWorldNews
letters@metro.us

Every dog has its day in a series of photographs by Alex Cearns, who's based in the aptly named Houndstooth Studio in Perth, Australia. These snaps, part of the "Happy Pooch Face" series, show why dogs really are a man's best friend.

Why did you decide to photograph smiling dogs?
Dogs are generally very happy beings and are always up for a good time. When they visit my studio the first thing I aim to do is to make friends with them, and this helps them settle and relax. Once they are used to the surroundings, their personalities shine through and most give me big happy smiles.

Do smiling dogs actually make us feel happy?
Nothing expresses pure joy to me more than a big, wide smile on a happy canine. Some people say we teach our dogs to smile in response to our own facial expressions, but I'm sure it's the other way around — being with them makes us feel happy, so we smile back.

How was your experience working with these adorable dogs?
Dogs are my favorite animals and it's safe to say I'm a crazy dog lady. I photograph over 800 beloved pet dogs each year in my studio and they always bring such enthusiasm to their photo sessions. Even during my global travels, the natural focus of my lens is always on the local dogs. To me, dogs are love and light. Dogs are always joyous and give so much back to us; they are our best friends and our loyal companions.

What message do you want to spread with this series?
I love to show the beauty of every animal I photograph. The world is a tumultuous place and sometimes we all need a break from that reality and have to balance it out with something that makes us smile and feel happy. Our dogs have that ability, and I hope these images do too.

ANDOVER
Great Dog Rescue

BEVERLY
Friends of Beverly

BOSTON
Animal Rescue League of Boston
MSPCA - Angell
PAWS New England

BOSTON/ WORCESTER
Broken Tail Rescue

BRADFORD
One Tail at a Time

BRIGHTON
Ellen M. Gifford Shelter

CANTON
Norfolk County Humane Society

CHESTNUT HILL
Boston Dog Rescue

DEDHAM
Animal Rescue League of Boston

EAST BROOKFIELD
Second Chance Animal Shelter

ESSEX
Sweet Paws Rescue

FALL RIVER
Animal Rescue League of Fall River
Forever Paws Animal Shelter

GLOUCESTER
Cape Ann Animal Aid

HOPKINTON
Baypath Humane Society
Greyhound Friends

HULL
Hull Seaside Animal Rescue

LOWELL
Lowell Humane Society

LYNN
Animal Umbrella

MARBELHEAD
Friends of Marblehead's Abandoned Animals

MEDFORD
Kitty Connection

MEDWAY
The Purr-fect Cat Shelter

MELROSE
Melrose Humane Society

MENDON
Greyhound Rescue of New England

METHUEN
MSPCA at Nevins Farm

MILTON
Milton Animal League, Inc

NATICK
All Dog Rescue

NEWTON
Charles River Alley Cats

NORTH BILLERICA
Billerica Cat Care Coalition

NORTH ATTLEBORO
North Attleboro Animal Shelter

QUINCY
Quincy Animal Shelter

RANDOLPH
Hilltop Humane Society

REVERE
Animal Umbrella

SALEM
Northeast Animal Shelter
PALS Animal Life Savers

SALISBURY
Merrimack River Feline Rescue Society

SOMERVILLE
Black Cat Rescue

SOUTH BOSTON
Alliance For Animals

STERLING
Sterling Animal Shelter

SUDBURY
Buddy Dog Humane Society, Inc
Save A Dog

TAUNTON
Taunton Animal Shelter

WALTHAM
Cat Connection of Waltham

WOBURN
House Rabbit Network

WINTHROP
Mass PAWS

CitySide Subaru
790 Pleasant St., Belmont, MA 02478
617-826-5000

PATRIOTS SHOULD ALLOW PEYTON TO PLAY WELL EARLY

Patriots fans should want to see Peyton Manning over Brock Osweiler on Sunday. GETTY IMAGES

The easiest path for the Patriots to advance to Super Bowl 50 involves Peyton Manning playing all 60 minutes of football this coming Sunday. So, Patriots fans should want Manning to show a little bit of life early. Complete five or six passes to DeMaryius Thomas on those dreaded eight-yard out patterns. Maybe even cross midfield a few times in the first half. One field goal and one touchdown for the Broncos in the first half should do the trick to make it impossible for Broncos head coach Gary Kubiak to remove "the Legend" without Jim Nantz acting like Joe Buck did the time Randy Moss rubbed his butt on a Lambeau Field goalpost (that is a disgusting act!).

The Pats really can't be too good early on this Sunday. So someone had better tell Malcolm Butler to take it easy from around 3 p.m. to 4:15 p.m.. Patience is a virtue.

Because, if the Patriots do humiliate Manning in the first half like they are capable of, Brock Osweiler will enter the game and the game will change. No matter what the score, an Osweiler entry will give that stadium life, just as Manning's re-entry into the lineup gave the Broncos life back on Jan. 3 against San Diego.

MATT BURKE

OPINION

Matt Burke is the National Sports Editor and a columnist at Metro US.

Follow him on Twitter @burke_metro

Don't let anyone tell you otherwise this week. Manning has been putrid this season and his time as an elite, even-above-average QB in the NFL, is over. If the Broncos are to somehow advance and win the Super Bowl with Manning taking all the snaps, it should be viewed as a Trent Dilfer 2.0 situation. Because Manning is, at best, a game-manager at this stage of his career. He is not throwing for 400 yards in a game this Sunday or any Sunday ever again.

Consider this. Manning has played in 11 games this season. In just one game — against the Lions, indoors, way back on Sept. 27, 2015 — has he had a passer rating of over 100 (101.7 — so, barely).

In 19 games played two years ago, Manning (likely with a little help from Ashley Manning's section of the Manning family medicine cabinet) had a whopping 11 games in which he had an above 100.0 passer rating.

In 17 games played so far this season, Tom Brady has nine games in which he's eclipsed the passer rating century mark.

In other words, it's not a fair fight anymore. Manning is Michael Jordan with the Wizards in 2003 … only much, much worse.

Brady will easily be the best quarterback wandering around the new Mile High Stadium this Sunday. The dirty little secret is that Osweiler will be the clear No. 2 (sorry, Jimmy G).

Patriots fans should really hope that the secret doesn't get out.

NHL power rankings | by Rich Slate

No. 1

Capitals (35-8-3)

The Capitals continue to be on an absolute tear as they aim for the top seed in the Eastern Conference and a Presidents' Trophy to boot. Washington has the most points (73) in the NHL and the best goal-differential (plus-55).

No. 2

B'Hawks (32-13-4)

The only other club in Washington's galaxy is Chicago who, oh-by-the-way has won a franchise-record 12 games in a row after Tuesday's 4-1 victory at Nashville. Superstar right wing Patrick Kane leads the league in goals (30, tying his career-best already), assists (41) and points.

No. 3

Kings (29-13-3)

The Blackhawks understandably get the most attention these days but the Kings are another super consistent team in the Western Conference. LA leads second-place San Jose, Arizona and Vancouver (they are all tied with 49 points) by 12 points apiece in the Pacific Division.

No. 4

Stars (29-13-5)

I'm not saying that they are frauds, but in reality we all knew that the Stars were overachieving when they started out this season on fire. Dallas is 2-6-2 in its last 10 games as it has dropped five points behind Chicago, into second-place in the Central Division.

No. 5

Blues (27-15-7)

This is a point that I repeat all the time but it's worth noting once again that St. Louis would be in first-place if it resided in either the Atlantic or Pacific but in the Central, 61 points puts the Blues squarely in third-place. The Blues have won their last two as they head out on a tricky four-game road trip.

No. 6

Panthers (26-15-5)

Similar to Dallas, I had a feeling that Florida's top-notch play was a house of cards. Now that they have lost their last three games, we can really start to see what the Panthers are made of. The Red Wings and Lightning are both only three points behind the Panthers for first-place in the Atlantic Division.

No. 7

Rangers (25-16-6)

These days, a win at home against Vancouver isn't normally considered a turning point in a campaign but the Rangers hope that Tuesday's 3-2 overtime victory at Madison Square Garden vs. the Canucks gets them out of their recent funk. New York has been terrible on the road (8-11-3).

No. 8

Lightning (25-17-4)

Shame on you if you happened to write off the Lightning already in 2015-16. With most of the same roster back from the Eastern Conference champions of last season, this team has finally gotten healthy and not surprisingly, they are on a six-game winning streak.

No. 9

Islanders (24-15-6)

Thus far, it's tough to gauge the Islanders since on paper they look like a quality team. When I've watched them this season, they have been anything but a contender. Their goal-differential is plus-11 and they are over .500 at home (15-7-3) and on the road (9-8-3) which are good indicators.

No. 10

Bruins (24-16-5)

Has any other team been more up and down than the Bruins this season? Boston is seemingly always on a lengthy streak of some sort. Right now the B's have won their last three games including a 4-1 win at Montreal Tuesday. That result should finally put the Winter Classic debacle behind them.

Best of the rest

- 11 — Red Wings (23-14-8)
- 12 — Wild (22-15-8)
- 13 — Devils (23-19-5)
- 14 — Sharks (23-18-3)
- 15 — Senators (22-18-3)
- 16 — Canadiens (23-20-4)
- 17 — Avalanche (23-20-4)
- 18 — Penguins (21-17-7)
- 19 — Coyotes (22-18-5)
- 20 — Canucks (19-17-11)
- 21 — Flyers (20-16-8)
- 22 — Predators (20-18-8)
- 23 — Hurricanes (20-19-8)
- 24 — Ducks (19-18-7)
- 25 — Jets (21-22-3)

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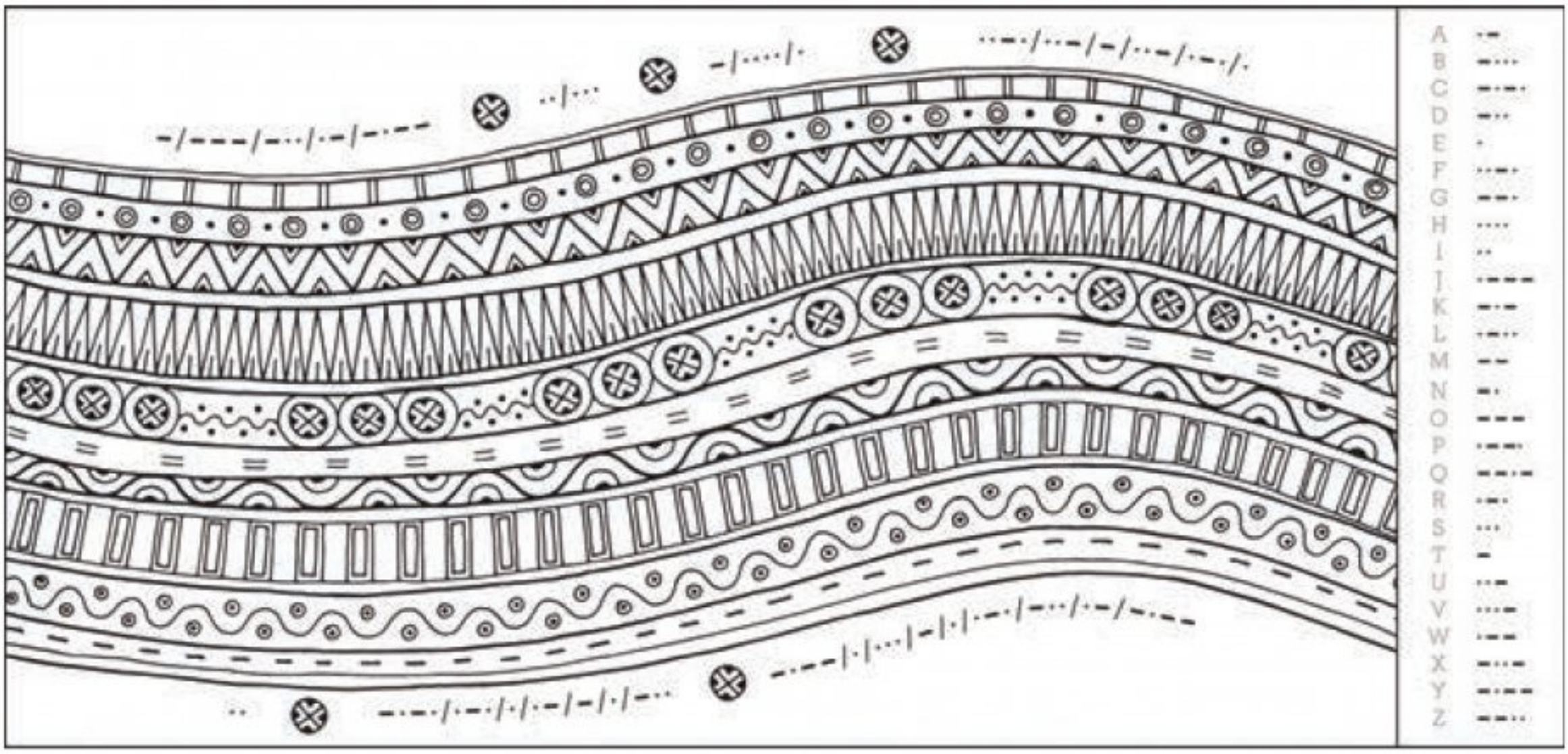

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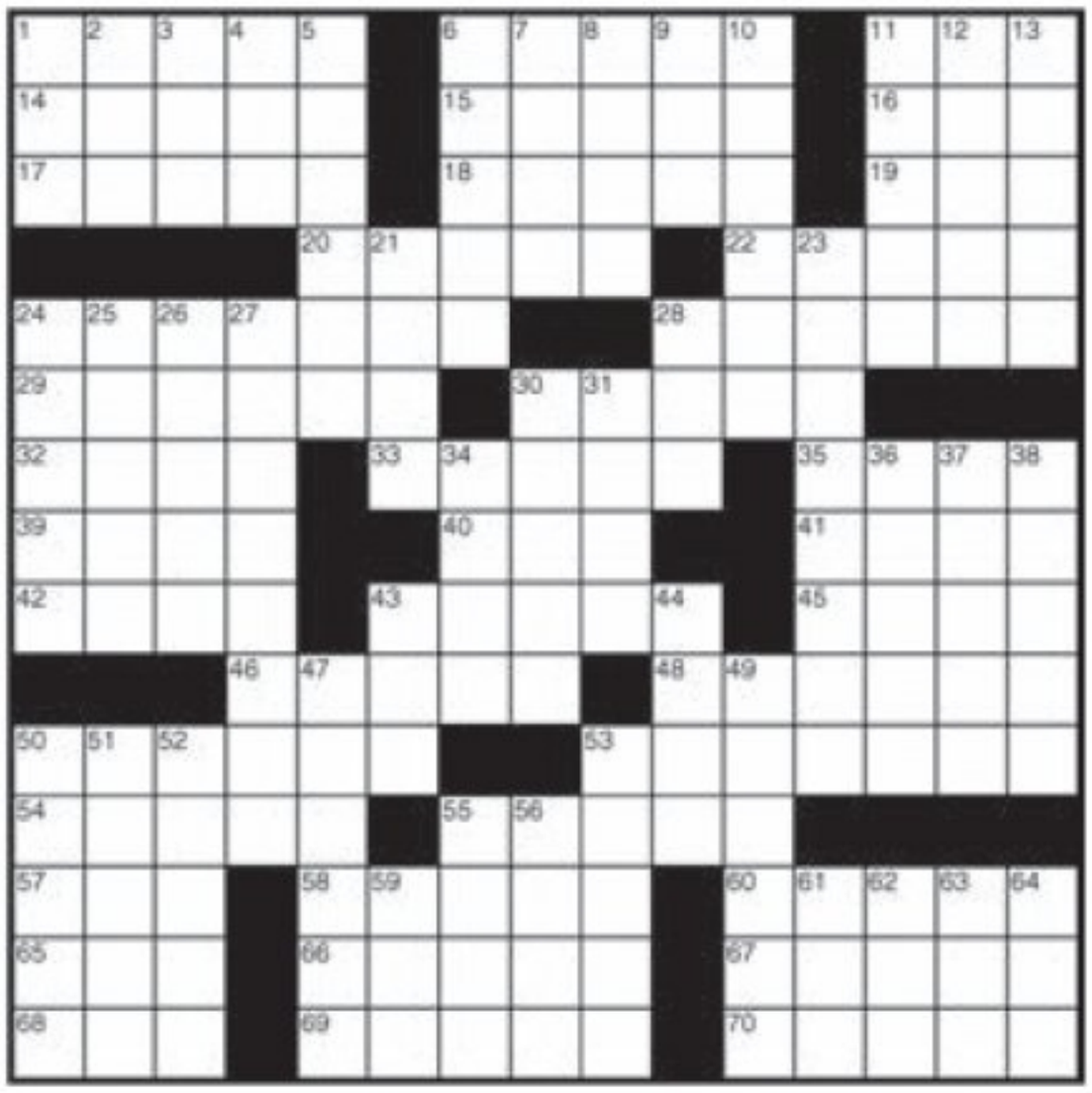

Across

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19 Rural rtes.
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22 Slight trace
24 Dickers
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30 Loses traction
32 Hit dead-center
33 Dinner starter
35 Future turtles
39 Like some china
40 Bad, for Yves
41 — d'etat
42 Spring peeper
43 Gulf nation
45 Constellation bear
46 Reddish horses
48 They may be snowy
50 Go ashore
53 License
54 Jungian term
55 Don't enunciate
57 Laird's son
58 Kind of eclipse
60 Round numbers?
65 Poker card
66 — nous
67 Carve a canyon
68 — take forever!
69 Wets thoroughly
70 Avoid cancellation

Down

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7 Jai —
8 By — of hard work
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	1				2			
	9		5	3	6			2
	5			1		6	4	
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				4				
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hard

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			1		5	3		4
			4			1	2	9

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Aries Be ready to leap into action if something unexpected develops. It's your ability to act quickly that will guide you to success. Talking will lead to conflict.

Taurus Talk with people who see things your way. Your ability to relay a workable solution will put you in a key position. A little muscle behind your plan is all that's required.

Gemini Deal with any controversy you face or problems that are affecting your home and relationships. If you fail to take action, someone else will put you in a precarious position.

Cancer Speak up and be willing to stand behind your ideas. Having a well-thought-out plan and the wherewithal to make it a reality will boost your confidence and your popularity.

Leo Strive for personal perfection. You can make improvements that will be admired by others and that can contribute to a better lifestyle. Make every move count.

Virgo Look at the possibilities, and think about one of your bigger ideas until you have flushed out all the flaws. Be creative, but don't lose sight of reality. Balance will be required.

Libra You need time to reflect and work quietly behind the scenes until you are fully ready to take on the task of getting others to support your plans.

Scorpio Your contributions will not go unnoticed. Your ability to see what's required to make something work will help you bring about positive change both at home and at work.

Sagittarius Emotional matters will escalate if you try to hide from problems. You are best off facing whatever dilemma comes your way head-on, so that you can move forward.

Capricorn Step into the spotlight and share your ideas. You will face opposition, but once you weed out who isn't on board, you can regroup and aim for success.

Aquarius Don't make waves, start fights or disrupt a situation that can have an impact on your future. Look for alternatives instead of walking away from a problem.

Pisces Not everyone will like your plans. Your presentations must be persuasive if you want to gain the approval you need to forge ahead.

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